

TWO WEEKS TO A FLAT STOMACH **times2**

THE



TIMES

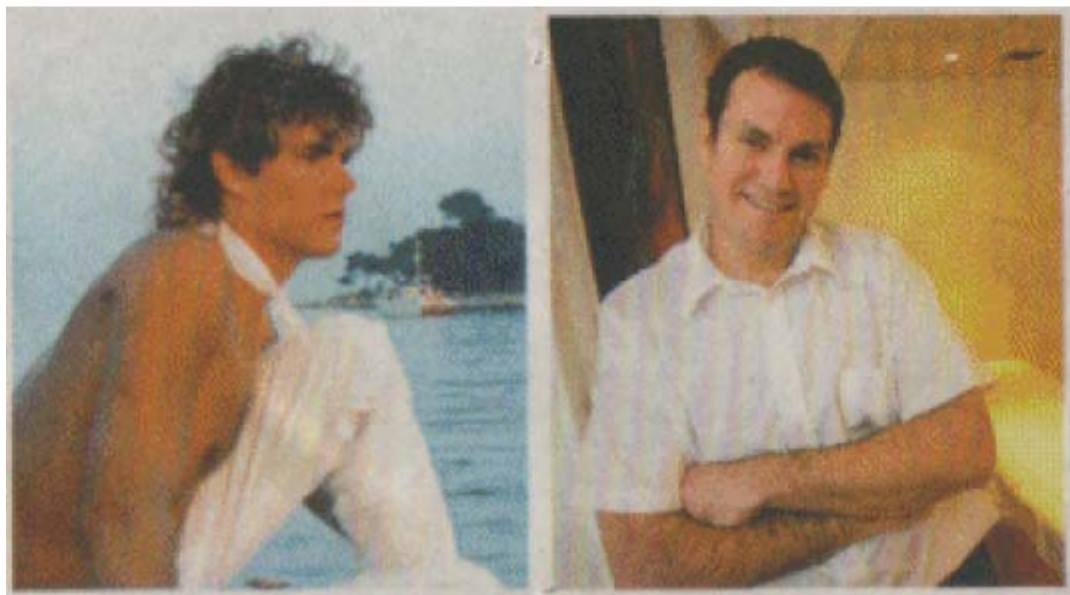
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No. 68588 ■ WEDNESDAY JANUARY 4 2006 ■ **NEWSPAPER OF THE YEAR**



TIRED OF THE OLD ROUTINE?

It's never too late to change career **times2**



People who have made a successful transition from one career to another often talk about epiphanies or “happy accidents”. In his late teens Jonathan Le Bon, brother of the rock star Simon, was a successful ocean racer but a car crash forced him to rethink his life. “Something in me changed,” he says. “Somebody had saved my life and I thought, what could be better than helping someone when they are injured? I wanted to focus on something else other than myself. I decided to retrain as an osteopath and when I told my girlfriend she was so upset that she left me. My older brother thought, this will never last.” Now Le Bon employs a team of 20 at his own osteopathy clinic in Central London.